

## JOB POSTING INTERNAL/EXTERNAL

<b>JOB TITLE</b>	Therapist – Short-Term Psychotherapy
<b>SALARY (hourly rate or starting salary):</b>	\$59,765/year
<b>FTE STATUS:</b>	1.0 FTE (37.5 hours/week)
<b>DURATION OF POSITION:</b>	18 month contract

**Planned Parenthood Toronto (PPT)** is a fully accredited community health centre that provides primary health care services to youth 13 to 29 years as well as health promotion programming, education, training and research to improve the health and well-being of Toronto's diverse communities. We are currently seeking a **Therapist** to work **1.0 FTE** (37.5hrs/week) to join our dynamic team and provide Short-Term Psychotherapy from a trauma specific perspective.

### **POSITION OVERVIEW**

The ideal candidate should be passionate about serving youth, have strong therapeutic skills and a solid understanding of health equity. Additionally the candidate should have training, experience and a passion for offering Short-Term Psychotherapy to youth.

### **Responsibilities**

- Provide Short-Term Psychotherapy to individuals, couples and groups
- Ensure appropriate treatment is delivered to clients by maintaining client records and ensuring their confidentiality within the bounds of legislation.
- Act as a client advocate on individual and systemic issues
- Perform case conference and consultation functions to identify resources to best meet the needs of PPT clients
- Work within the guidelines of the Ontario College of Social Workers and Social Service Workers or the College of Registered Psychotherapists of Ontario
- Act as a resource person to staff, students and volunteers.
- Participate in clinical supervision with an external licensed supervisor whose services have been agreed upon and contracted by PPT.
- Liaise with community agencies regarding issues relevant to client needs and identify and develop partnership/collaboration opportunities when applicable.
- Participate in the review, development and updating of health services procedures; provide input to the development and review of applicable policies.
- Work with the Mental Health team to maintain the Mental Health Services Client Information Package, Mental Health Support handout and other client facing documents
- Participate in client satisfaction and health outcome measurement practices
- Function as a member of a multi-disciplinary team and work in accordance with the mission statement and values of Planned Parenthood Toronto
- Engage in on-going professional development to optimise the fulfilment of the job requirements.
- Available to work two evenings per week or one evening and Saturdays from 10am-2pm

## Qualifications

- Master's degree in Social Work, Psychology, or related field.
- Certification and membership in good standing with the Ontario College of Social Workers and Social Service Workers and/or the College of Registered Psychotherapists of Ontario
- Minimum 3-5 years' experience in providing short-term psychotherapy.
- Training in a model of short-term psychotherapy (eg: Cognitive Behavioural Therapy, Solution-Focused Brief Therapy, Brief Narrative Therapy, etc.)
- Experience and training in providing trauma-specific psychotherapy
- Experience and training in providing psychotherapy related to sexual orientation and gender identity.
- Experience in an interdisciplinary community-based health service organization an asset.
- Experience and training providing Cognitive Behavioural Therapy to individuals and groups an asset.
- Thorough knowledge of and proficiency in current assessment, psychotherapy and psychosocial counselling techniques for working with individuals, couples, and groups.
- Ability to effectively deal with crises including experience and training in suicide intervention.
- Commitment to providing therapy within a framework of Anti-Oppressive Practice and an intersectional feminist lens
- Commitment to pro-choice philosophy
- Demonstrated commitment to equity goals and principles, to sexual and reproductive rights, to being youth positive, LGBTQ2S positive and sex positive and to being inclusive of diverse sexual and gender identities
- Commitment to working from a community development perspective
- Commitment to working cooperatively in a community-based setting as part of an Inter-disciplinary team.
- Excellent written and verbal communication skills
- Proficiency and experience working in a computerized environment

Please forward letter of interest and resume by 5pm, on February 22, 2019 to:

Hiring Committee (Therapist – 2019)  
Planned Parenthood Toronto  
36B Prince Arthur Avenue  
Toronto, ON M5R 1A9  
Fax: (416) 961-2512  
Email: [ppt@ppt.on.ca](mailto:ppt@ppt.on.ca)

In your letter of interest please include an answer to the question: How does your training and experience make you the best candidate to provide short term psychotherapy to youth 13-29 and how to you ensure your practice is from a youth-positive, LGBTQ2S affirming and trauma-specific?

PPT is committed to equity, diversity, and inclusion and to building an organization that reflects the communities we serve. We encourage applications from members of Black, Indigenous, and

racialized communities; Two-Spirit, non-binary, trans, lesbian, gay, bisexual and queer people; disabled people; youth; and members of other equity seeking groups.

We thank all applicants for their interest. Only those selected for an interview will be contacted. No phone calls please.

PPT welcomes and encourages applications from people with disabilities. Accommodations are available on request for candidates selected for an interview and for all aspects for the selection process. If an applicant or a successful candidate requests an accommodation, we will discuss their needs with them and make adjustments to support them. We regret to inform that PPT is not a wheelchair accessible space.

Please note that as a condition of employment, the successful applicant must complete a Criminal Record Check.